

Proof of MMR (Measles, Mumps & Rubella)



As part of New Jersey health requirements for Certified Home Health Aides (CHHAs), all new hires must provide proof of immunity to measles, mumps, and rubella (MMR).
If you do not have a copy of your MMR record, here are your options:

Option 1: Check for Existing Records



- **CHHA Training School:** Contact the school where you completed your CHHA certification. They are required to collect proof of immunizations and may have your record on file.
- **Doctor's Office or Clinic:** Call your primary care provider, pediatrician, or any clinic you've visited.
- **School or College:** Past schools or colleges often keep immunization records.
- **NJ Immunization Registry (NJIS):** Ask your doctor to check the state database for your immunization history.



Option 2: If Records Cannot Be Found

- **Blood Test (Titers):** A simple blood test ordered by your doctor can confirm if you are immune.
- **Revaccination:** If proof cannot be located, your doctor can give you the MMR vaccine again. It is safe to receive even if you were previously vaccinated.



Once you have obtained proof of your MMR vaccination, please submit it to Dharma Home Care as soon as possible

We can accept:

- A copy of your vaccine record (from a doctor, school, or training program)
- Blood test results showing immunity
- A note from your doctor confirming you received the vaccine

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Uplifting your Spirit.**

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